Healthy People Wanted for Research!

Volunteer for medically-supervised research at the UCLA Center for Human Nutrition to study

“Effectiveness of changing dietary fat on weight loss”

YOU MAY BE ELIGIBLE IF YOU:

- ARE 20-60 YEARS OF AGE
- HAVE A BMI BETWEEN 25.0-40.0 kg/m²
- ARE GENERALLY HEALTHY

During this study, your participation will last up to 14 weeks (including screen). You will be instructed to follow a calorie-specific diet for 12 weeks. There will be 8 clinic visits (including screen). Depending on the visit, responsibilities include: collection of blood, stool, and urine samples; maintaining a diary of food intake; having your body composition measured with DEXA (which uses a low level of X-rays) and/or Tanita; completion of questionnaires related to your diet and well-being; and meetings with a registered dietitian every two weeks for the duration of the study.

YOU WILL BE PAID UP TO $125 FOR YOUR PARTICIPATION

FOR MORE INFORMATION CALL:

(310) 206-8292

This study is being conducted by: Zhaoping Li, MD, PhD