Volunteer for medically-supervised research at the UCLA Center for Human Nutrition for a

“Investigation of an amino acid supplement on glucose levels in prediabetic subjects”

YOU MAY BE ELIGIBLE IF YOU:

- HAVE PREDIABETES
- HAVE A BMI BETWEEN 27 TO 40
- HAVE A WAIST CIRCUMFERENCE > 40 IN FOR MEN AND >35 IN FOR WOMEN
- ARE 20-65 YEARS OF AGE
- ARE A NON-SMOKER

During this study, your participation will last up to 12 weeks + screen. There will be 5 clinic visits. At each visit you will have blood samples taken and an oral glucose tolerance test which requires blood draws over a 2-hour period, you will meet with a registered dietitian, you will be asked to complete a food record and 24-hour recall, and you will have your body composition and vital signs measured. You will also be asked to consume nutritional supplements for 8 weeks.

You will be paid up to $200 for your participation

FOR MORE INFORMATION, CALL:

(310) 206-8292

This study is being conducted by: Zhaoping Li, MD, PhD