FACULTY

Keynote and Plenary
Elizabeth Henneman, RN, PhD
Assistant Professor
University of Massachusetts, School of Nursing

Ellen Robinson, RN, PhD
Clinical Nurse Specialist in Ethics
Massachusetts General Hospital

Breakout Speakers
Elissa Brown, MSN, APRN, BC, CNS
Clinical Nurse Specialist, Mental Health
VA Greater Los Angeles Healthcare System

Katherine Brown Saltzman, RN, MA
Co-Director, UCLA Healthcare Ethics Center

James Hynds, LL.B., PhD
Clinical Ethicist
UCLA Healthcare Ethics Center

Cheryl D. Lew, MD, MSEd
Associate Professor of Clinical Pediatrics
Children’s Hospital Los Angeles
USC Keck School of Medicine

Samira Moughrabi, RN, MN, CNS
Clinical Nurse Specialist, Medicine
UCLA Medical Center

Marilyn Shirk, RN, MN, CNS
Mental Health CNS, Nursing Liaison
Cedars-Sinai Medical Center

Closing
Shira Musicant, MA, MFT, ADTR
Marriage Family Therapist ~ Dance/Movement Therapist
Private Practice

COURSE REVIEW
Preserving the Ethic of Caring in Relationships

Description
Relationships are the foundation of our practice, whether with patients, their families, our colleagues or ourselves. An ethic of caring views the ethical principles through the lens of relationships. This necessitates that the professional establish caring and beneficial connections. When these relationships are positive and the milieu is supportive, we can easily sustain the caring stance. But what happens when we are challenged by them, whether because of differing values, cultural or spiritual diversity, dissimilar styles or a chaotic environment? We may be tempted to opt out of the relationship. Vigilance, communication and effective coping skills are required if we are to uphold the ethic of caring.

The philosophy and practice of patient and family-centered care provide the context for conversations that are in keeping with the ethic of caring. The keynote sessions in the morning center on the challenges, as well as the valuable consequences of unwavering compassionate care. Embedded within that mission are careful assessment, planning, creativity, self-awareness and limit setting. The outcomes may not always be as planned, but if caring is safeguarded, integrity and healing will be preserved.

Breakout topics will focus on varying circumstances that illustrate evidence based approaches to promoting and preserving caring relationships. The ethical issues regarding relationships and duties inherent in these selected situations will be explored. Discord amongst disciplines or with patient/families can leave one conflicted and requires attentiveness to our emotional response and need for self care. Planning for natural disasters raises ethical questions about whose needs are met and whose are denied as we attempt to fulfill the duty to individuals, our communities, our own family or selves and even our profession as a whole.

Professional relationships have boundaries that we need to recognize and respect to assure optimal functioning. Caring for oneself in order to maintain healthy limits and well being remains essential to the ethic of caring for others. The closing session, using body-centered experiences, will demonstrate how breath, movement and grounding can support self care and provide a means for maintaining healthy boundaries in caring relationships.

Objectives
1. Identify key ongoing issues, questions and/or dilemmas in healthcare that impact the ethic of caring.
2. Describe ways in which the ethical environment affects the morale of healthcare professionals.
3. Distinguish mechanisms and processes for resolving ethical questions.
4. Explore strategies for self care and maintaining healthy boundaries in caring relationships.

“If you find it in your heart to care for someone else, you will have succeeded.”
Maya Angelou
**PROGRAM**

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<tr>
<th>Time</th>
<th>Session Description</th>
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<tbody>
<tr>
<td>7:30 – 8:00</td>
<td>Registration/Continental Breakfast</td>
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<tr>
<td>8:00 – 8:15</td>
<td>Welcome/Introduction</td>
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<td>8:15 – 9:45</td>
<td>Keynote</td>
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<td>9:45 – 10:00</td>
<td>Break</td>
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<tr>
<td>10:00 – 11:00</td>
<td>Plenary</td>
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**A. Family Presence During Codes and Invasive Procedures**
- Elizabeth Henneman, RN, PhD

**B. Complexities in Decision Making for Persons with Disabilities Nearing the End of Life**
- Ellen Robinson, RN, PhD

**C. Ethical Issues When Disasters Strike**
- Katherine Brown-Saltzman, RN, MA
- Elissa Brown, MSN, APRN, BC, CNS

**D. Challenging Patients: Connecting Through Evidence-Based Nursing Interventions**
- Samira Moughrabi, RN, MN, CNS
- Marilyn Shirk, RN, MN, CNS

**E. Donation After Cardiac Death: Ethical Concerns?**
- James Hynds, LL.B., PhD
- Cheryl D. Lew, MD, MSed

**COURSE INFORMATION**

**Course Fee**
Early registration for Sponsoring Institutions, Students and Retirees $75 – All Others $115. Deadline for Early Registration is Tuesday, March 9, 2007. Late registration fees are $90 and $135, respectively. Course fee includes syllabus, continental breakfast, lunch, refreshments and parking.

**Continuing Education Nursing:** California Board of Registered Nursing Provider Number # CEP751, for a total of 8.1 Contact Hours

**Social Workers/MFT:** this course meets the qualifications for 6.0 hours of Continuing Education Credit for LCSWs & MFTs as required by the California Board of Behavioral Sciences. UCLA Medical Center Dept. of Clinical Social Work PCE provider #592.

**Cancellation Policy** Until March 9, 2007 80% of the fee will be refunded. After that date, no refunds will be issued.

**Location**
Sunset Village
UCLA Conference Center in Westwood
(Room Temperature may vary, please dress accordingly)

**Further information:** Call 310/794-6219 or E-mail at EthicsCenter@mednet.ucla.edu

**REGISTRATION FORM**

Make check payable to: Ethics of Caring
Please mail registration form and check to:
Ethics of Caring
914 Westwood Blvd. # 181
Los Angeles, CA 90024

**Information 310/794-6219 or EthicsCenter@mednet.ucla.edu**

**Cost**
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Late registration is $90.
$115 Registration fee for all others if paid by March 9, 2007. Late registration is $135.

**Concurrent Breakout Sessions:**
(Please mark 1st, 2nd, & 3rd choice)

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E-Mail Address (for confirmation of registration)

**Special dietary needs:**
- Vegetarian Meal
- Kosher Meal (please increase registration fee by $25)

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